



Joy to the World

PART 1

small group lesson
Joy to the World

Ice breaker

Name an object or item that brings you or others joy and explain why.

Philippians 4:4-9

This passage says we are to rejoice in The Lord always. Is this actually possible or a fruitless exercise?

QUESTIONS:

- 1.) why is God concerned about our joy?
- 2.) what hinders our joy?
- 3.) how do joy, gratitude, contentment, and peace work together?
- 4.) is it possible to be unhappy but joyful or content?
- 5.) what intimately is the secret to being joyful always?

Close and Encouragement

Joy cannot be separated from that which we value most. If we value the temporary our joy will be fleeting. If we value the eternal our joy will be sustainable.